

Target First Aid

Combined PFA & EFAW

Maximum of 12 students per instructor.



The qualification and learning outcomes are based on the recommendations of;

- The Resuscitation Council (UK)
- The Health and Safety Executive (First Aid Regulations)
- Assessment Principles for Regulated First Aid Qualifications
- Statutory Framework for the Early Years Foundation Stage (EYFS)

This qualification outlines a range of practical skills for providing first aid to adults, children and infants. Learners will practise assessing and managing an incident and demonstrate how to treat a variety of serious conditions.

Course content	
<i>The role of the first aider</i>	<i>Bleeding (including catastrophic bleeds)</i>
<i>Infection control</i>	<i>Bites and Stings</i>
<i>Recording/reporting incidents and accidents</i>	<i>Eye, ear and nose conditions</i>
<i>Incident and casualty assessment</i>	<i>Fractures, dislocations, sprains and strains</i>
<i>Cardiopulmonary resuscitation (CPR)</i>	<i>Head and spinal injuries</i>
<i>Safe use of an Automated External Defibrillator</i>	<i>Special conditions – e.g. Diabetes, asthma, meningitis,</i>
<i>Unconscious casualty</i>	<i>Extremes of body temperature</i>
<i>Epilepsy and Seizures (inc febrile convulsions)</i>	<i>Electric shock</i>
<i>Choking</i>	<i>Burns and scalds</i>
<i>Anaphylaxis</i>	<i>Poisons</i>
<i>Shock</i>	<i>Minor injuries</i>

Course duration will be 12 hours, excluding breaks, this is normally covered within 2 days, but we offer the flexibility to schedule the course over three sessions of four hours.

Book Now with
Target First Aid Ltd

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