

## **Target First Aid**

## BL Emergency First Aid at Work

## 6 hour course.

Maximum 12 learners

This Emergency First Aid at Work qualification is designed for individuals who wish to act as an emergency first aider in the workplace. Upon successful completion of this qualification, candidates will be equipped with the essential skills to give safe, prompt and effective first aid in emergency situations.

Course content	
The role of the first aider	Shock
Infection control	Wounds and Bleeding (Catastrophic bleeding - optional)
Recording/reporting incidents and accidents	Choking
Incident and casualty assessment	Management of a seizure
Cardiopulmonary resuscitation (CPR)	Burns and scalds
Safe use of an Automated External Defibrillator	Minor injuries
Unconscious casualty	

Course duration will be 6 hours, excluding breaks, this will consist of two hours online and then four hours face to face with a trainer.

**MAXIMUM OF 12 STUDENTS PER INSTRUCTOR** 

Book Now with

Call now; 01795 873814

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Target First Aid Ltd

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